

Prediabetes Diagnosis Criteria		
	Fasting blood glucose	100 – 125 mg/dl
	Hemoglobin A1C	5.7% — 6.4%
	Random blood glucose	140 – 199 mg/dl

Diabetes Diagnosis Criteria		
	Fasting blood glucose	126 mg/dl or higher on two separate occasions
	Hemoglobin A1C	6.5% or higher
	Random blood glucose	200 mg/dl or higher with classic symptoms

Source: American Diabetes Association