Social Determinants of Health

Social determinants of health are the non-medical factors that impact an individual’s overall health.

80% of what impacts a person’s health are non-clinical factors

Factors that impact a person’s health

**Social/economic**
- Education
- Employment
- Income
- Family & social support
- Community safety

**Behaviors**
- Tobacco
- Diet & exercise
- Alcohol & drug use
- Sexual activity

**Environment**
- Air & water quality
- Housing & transit

Source: [https://nam.edu/social-determinants-of-health-101-for-health-care-five-plus-five/](https://nam.edu/social-determinants-of-health-101-for-health-care-five-plus-five/)